

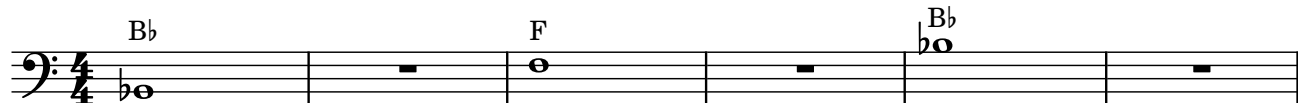
Beginning Trombone Exercises

Brent Mead

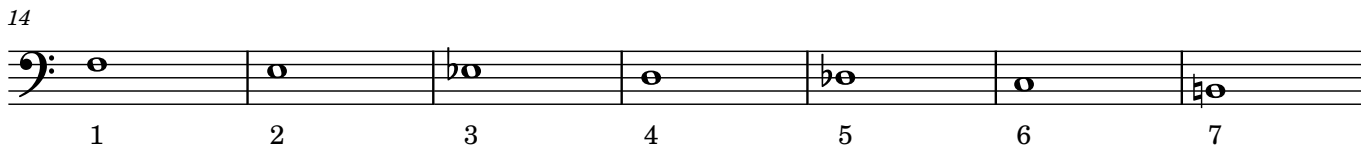
Use these to become more comfortable with the trombone.
Be patient. Play each exercise on its own and repeat if necessary.

Three Rules of Air: 1) Air moves forward 2) Air is steady 3) Air is instant

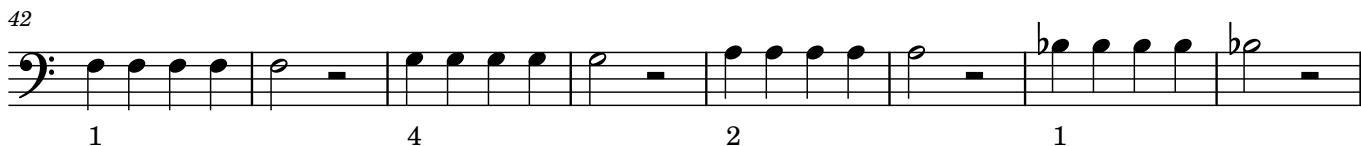
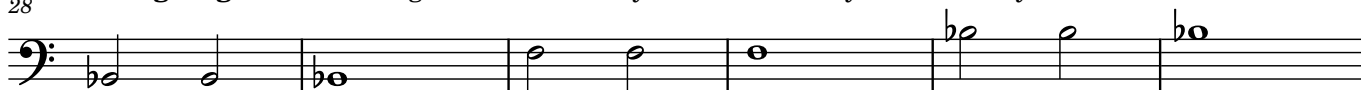
First notes: all in 1st position. Use faster air to play higher notes, slower air for lower notes.



7 Positions exercise: Use with a position chart to get used to the note names.



Tonguing: Place the tongue to the back of your teeth and say 'Tah' inside your mouth



Lip Slurs: Connect the notes with air. Blow in between each note. No tongue in these exercises.



As you improve, do the same thing but higher..



2 Ladder Exercise: Another way to work on the 7 positions. Use without tongue at first.
 Make sure the sound follows the pattern so that the middle note is always lower than the first and last note.

64

1 2 1 1 3 1 1 4 1 1 5 1 1 6 1 1 7 1

76

1 2 1 1 3 1 etc...

88

1 2 1 1 3 1 etc...

Dynamics: How loud or soft a note is.

f = loud (big air)

p = quiet (small air)

100

f *p* *f* *p* *f* *p* *f* *p*

108

f *p* *f* *p* *f* *p* *f* *p*

116

f *p* *f* *p* *f* *p* *f* *p*

First Five Notes: These are the most common notes you will use in band class.

124

Bb C D Eb F

1 6 4 3 1

133

F Eb D C Bb

1 3 4 6 1

143

1 6 4 3 1

149

1 3 4 6 1