## Beginning Trombone Exercises

Use these to become more comfortable with the trombone.

Do not worry if you cannot play everything all at once.

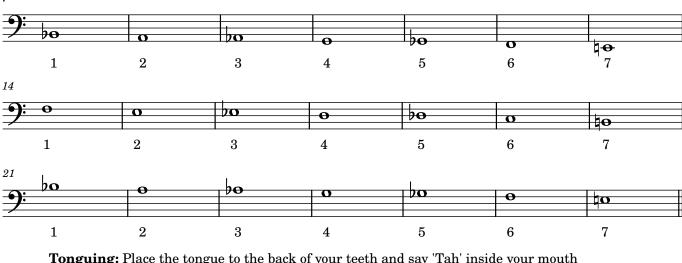
Be patient. Play each exercise on its own and repeat if necessary.

**Brent Mead** 

First notes: all in 1st position. Use faster air to play higher notes, slower air for lower notes.



**7 Positions exercise:** Use with a position chart to get used to the note names.



Tonguing: Place the tongue to the back of your teeth and say 'Tah' inside your mouth 28







Lip Slurs: Connect the notes with air. Blow in between each note. No tongue in these exercises.



As you improve, do the same thing but higher..



2 **Ladder Exercise:** Another way to work on the 7 positions. Make sure the sound follows the pattern so that the middle note is always lower than the first and last note. 64 1 7 1 2 1 1 3 1 1 4 1 1 5 1 1 6 1 1 76 1 2 3 1 1 1 etc... 88 1 2 1 1 3 1 etc... **Dynamics:** How loud or soft a note is. f = loud (big air)100 p = quiet (small air)bo 90 bo 20 bo bo 20  $\boldsymbol{f}$  $\boldsymbol{f}$  $\boldsymbol{f}$  $\boldsymbol{p}$  $\boldsymbol{p}$  $\boldsymbol{p}$ p 108 0 0  $\boldsymbol{f}$  $\boldsymbol{f}$  $\boldsymbol{f}$  $\boldsymbol{f}$ p  $\boldsymbol{p}$ p p 116 bo 20 20 20 20 20  $\boldsymbol{p}$ p First Five Notes: These are the most common notes you will use in band class. 124 D Bb  $\mathbf{C}$  $\mathbf{E}\mathbf{b}$  $\mathbf{F}$ 0 6 1 4 3 1 133 F Eb D  $\mathbf{C}$ Bb 20 1 3 6 1 4 143 20 0 O 10 1 6 4 3 1 149 20

bo

1

0

6

1

3

4